Cycling by Train

For the most up to date and accurate information specific to your rail journey, use National Rail Enquiries. Cycle information is available on desktop, mobile, iPad, iPhone & Android devices and includes information on:

• Cycling facilities at stations
• Cycle carriage rules specific to your rail journey
• An indicator of levels of cycle spaces on specific trains
• Whether cycle reservations are available or required
• The new Plusbike facility – also provides information on hire cycles at station

Cycles are carried free on National Rail services

National Rail encourages the integrated use of cycles and trains – two convenient and environmentally friendly forms of transport. To plan your cycle-rail journey, please check the terms and conditions for taking your cycle on the train detailed in this leaflet.

General Advice

• Full size cycles may be excluded from trains at peak times, generally morning (0700-1000) and evening (1600-1900) commuter services to and from London, and some local services, as listed in this leaflet.
• Reservations: Some operators have no seat or cycle reservations on some or all of their services. On such trains a common-sense approach may apply where passengers with full size cycles may be asked by station staff not to board busy trains and wait for a later service.
• Where a seat reservation system is available, the reservation of cycle space is also normally provided, and this is strongly recommended to guarantee your journey. Where the service is available, details of how reservations can be made is listed by operator.
• Compact, fully folding cycles with wheels up to 20” in diameter are carried without restriction on all trains (when folded down), however you may be required to cover the cycle and place it in luggage racks. You may also be required to fold the cycle before passing through the ticket barrier.
• When planning a journey on www.nationalrail.co.uk the blue cycle logo indicates when cycle reservations are required or where restrictions apply.
• Full size cycles may not be carried on replacement bus services during engineering work or service disruption, but it should be possible to carry folding cycles on replacement bus services provided they are folded and covered.
• All cycles are carried subject to the National Rail Conditions of Carriage - www.nationalrail.co.uk/conditions of carriage.
• Cycle storage and hire: A large number of National Rail stations have good quality cycle parking, and cycle hire is sometimes available. For more information see the Station Information section of www.nationalrail.co.uk.
• Tandems and special cycles: Some operators can accommodate a wider range of cycles. The Tandem Club has details of current arrangements – email: trains@tandem-club.org.uk.
• A cycle reservation is only valid for one train. Journeys that involve multiple changes or operators will require multiple reservations for each part of the journey, and it may not be possible to reserve a space for your cycle on trains operating on all legs of such a journey.
• Major events that create significant increases in passenger numbers may affect our availability to offer normal levels of cycle carriage on trains. Always check with the train operator prior to travel.

Developed in partnership with the Enabling Innovation Team and the Bicycle Association of Great Britain.

www.futurerailway.org  www.bikehub.co.uk

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Correct at time of print: 02/03/15

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Cycles are carried free of charge on UK domestic services.

Only folded cycles, with wheels up to a size of 20" in diameter, are carried.

Cycles may not be carried on trains that are subject to Network Rail’s recorded track restrictions.

Trains that you may need to check for the cycle availability are services between London King’s Cross and London St. Pancras. These trains are only carried by exception and where stated.

A Michał Gruźlewski

Tel: 0345 601 6016
www.arrivatrainswales.co.uk

London Liverpool Street – Southend

Suffolk and Cambridgeshire.

Restrictions apply Monday to Saturday

Reservations not available. Two cycle spaces per train.

Restrictions apply Monday to Friday on services between London Liverpool Street and London Marylebone or departing London between 1600 and 1859.

Tel: 0344 822 5822
www.eurostar.com

Tel: 0345 127 2920
www.southernrailway.co.uk

Tel: 0871 977 4222
www.southeastern.co.uk

Tel: 0845 601 1674 Monday – Friday
• On trains travelling between London and Sheffield, subject to space being available, all ScotRail services, if you are unable to complete the cycle portion of your journey all ScotRail services, if you are unable to

You can take a bike with you at any time between 0730 and 0930, and between 1600 and 1800.

Tel: 0344 123 1244
www.manxrailway.com

Tel: 0151 702 2011
www.merseyrail.org

Restrictions apply Monday to Friday. Cycle spaces may only be booked on

Services are subject to the discretion of staff.

You can take your cycle to the correct place on the platform before boarding, subject to space and at the discretion of staff.

A cycle reservation is compulsory on

Reservations on most trains. Four cycle spaces per train.

Cycles are carried free of charge on most services.

ScotRail

reservations not available. Two cycle spaces per train.

A cycle reservation is compulsory on Summer

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Via our website.

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